

Treatments
Therapies
Packages



thespa.
AT CADBURY HOUSE



Welcome to thespa

Put together a stylish and relaxing haven with nature's purest botanical and marine elements and attentive service and you have the**spa** at Cadbury House. An intimate spa located in the English countryside with breath taking views of the English Channel and beyond.

From the moment you arrive at the**spa** to the moment you depart, you are guaranteed to receive a warm and friendly service from our professional spa team.

Whether you are joining us for one treatment, a day or a weekend of indulgence, let us take you on a sensory journey you will never forget. Enjoy some me time, bring a partner, a friend or a group of friends. We look forward to welcoming you soon.

Our Product Ranges

Pevonia's natural and organic philosophy makes them market leaders offering a revolutionary range of products and treatments containing the most potent and effective natural source ingredients within technologically advanced formulae.

Jessica is a pioneer in the professional nail care industry as she was the first to recognise that like skin and hair, all nails are not alike. Jessica's unique nail care philosophy is behind each and every product of her extensive range. With creme, glitter and pearl finishes across more than 190 shades, you'd be forgiven for falling for Jessica Custom Colours at first sight every season you'll fall in love all over again with brand new colour collections, inspired by and worn on the catwalk.

St.Tropez with the raised awareness of sun damage and UV tanning, there's never been a better time to have a self tan treatment. A tan doesn't just look healthy, glowing and youthful, it makes you feel great too. St. Tropez is the iconic brand of our age offering a professional natural looking tan everytime.

PHD Safewax System share your secret not your wax... PHD applicators have a gate mechanism to prevent wax from re-entering the tube and are disposed of after each treatment so you'll never share your wax. As well as being hygienic, the PHD system also offers a professional, quick and easy wax, with a less painful hair removal for the client.

Jane Iredale The Skincare Makeup®, has been frequently voted 'Best Makeup' in many magazine polls both in the UK and overseas. It is featured on the 'Safe Cosmetics List' of Breast Cancer Action, which names cosmetics companies that don't use parabens or phthalates in their products. Favoured by makeup artists and celebrities alike, the range uses inert mineral pigments instead of synthetic colours and is completely free of artificial preservatives, perfumes, fillers or parabens. It also boasts chemical-free broad spectrum UVA and UVB protection. What makes it so popular is its staying power, performance and the wide range of products and colours available.

Seah Hairspa From Schwarzkopf the daily luxury hair care range of spa treatment products from Schwarzkopf Professional, was inspired by spa rituals and traditions; taking the stress off your shoulders whilst cleansing and nourishing your hair. It addresses our quest for an inner balance and harmony, taking the hair and mind to a feeling of absolute well-being and luxury.



Our Therapy Spaces

These indulgent treatments have been carefully selected by the **spa** team for your pleasure. These treatments are the ultimate in relaxation and luxury.



Thermal Suite

Our thermal suite offers a complete sensory journey, from uplifting wet and dry thermal rooms, luxurious 20 x 9 metre heated pool, vitality massage jet pool, monsoon showers and ice cold drench.

the**club's** executive changing rooms feature large lockers, complimentary toiletries, fully equipped vanity areas, swim suit dryers, family and baby changing areas and private showers.



Gym & Group Fitness Classes

The award winning club at Cadbury House offers an unprecedented gym experience. From the quality of our machines to the cleanliness of our facilities and provides the ideal workout environment. From the quality of our machines to the cleanliness of our facilities, we provide the ideal workout environment.

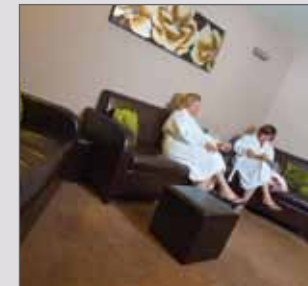


Couples Suite

Why not enjoy your relaxing treatments together? Our new couples suite allows two therapists to work simultaneously allowing friends or loved ones to share their experience.

thesalon

At Broad St. Hair our aim is simple: to exceed your expectations, every time you visit. Our amazing hairdressers specialise in colouring, cutting and styling your hair to the highest standard.



Pre & Post Treatment Relaxation

Our newest addition to the **spa**, this room allows you to take some time out before and after your treatments to relax and reflect.

Complimentary herbal tea and fruit infused iced water are available for you to refresh before and after your treatment. A large selection of the most popular magazines are available for your convenience.



Our Signature Treatments

These indulgent treatments have been carefully selected by the **spa** team for your pleasure. These treatments are the ultimate in relaxation and luxury.

Seah Hair Spa Treatment

55 mins

Mon-Thurs

£45

Fri-Sun

£50

A deep state of relaxation will be achieved from this nourishing and indulgent treatment. After a long scalp massage your hair will be cocooned in warm towel whilst your shoulders are gently soothed. After a long scalp massage your hair will be cocooned in a warm towel whilst your shoulders are gently soothed.

Cadbury House Signature Massage

1 hour 25 mins

Mon-Thurs

£85

Fri-Sun

£90

An holistic approach to silky, smooth skin. Not only does this treatment offer the benefits of a cleansing and exfoliating body treatment, but it is also a deeply relaxing massage. The blend of aromatic salts and mineral salts are enriched with essential oils of grapefruit, mandarin, orange and lavender.

Time For Mum

1 hour 50 mins

Mon-Thurs

£110

Fri-Sun

£120

A signature massage and facial treatment combined to treat mothers to be. Specifically tailored to sooth, relax and prevent stretch marks.



Day Spa Collection

A Spa Day at Cadbury House is the ultimate in relaxation. On arrival you will be greeted with your 'welcome pack' and given a tour of our award winning facilities. You will be provided with a robe, towel, slippers and a locker for the day. You will then be free to use the full range of spa facilities at your leisure complete with a delicious lunch in the **lounge** bistro.

Mother & Daughter Package

Mon-Thurs	£180
Fri-Sun	£190

Enjoy some quality time out together. You will receive:

- Pevonia Prescriptive or Spa Teen Facial
- Jessica Express Manicure

NB. For 2 people sharing

Spa Experience Day

Mon-Thurs	£55
Fri-Sun	£65

The Spa Experience Day is a great way to unwind at the **spa**. Your day will include:

- Zen Spa Foot Treatment
- La Remadie Hand Treatment

Tropical Indulgence Day

Mon-Thurs	£130
Fri-Sun	£140

The perfect pamper package for those who deserve it most. Transport yourself to a sublime tropical oasis where your senses will be awakened. Perfect for some me time. Includes:

- Tropical Salt Mouse Glow
- Zen Spa Foot Treatment
- Reviver Facial

Spa Twilight

Mon-Thurs	£42
Fri	£48

Want to relax after a hard day at work? This package is perfect for you. Includes:

- Relaxing Back, Neck & Shoulder Massage

NB. Spa Twilight available from 16:00-21:00. Not available Sat and Sun

Float Away Day

Mon-Thurs	£75
Fri-Sun	£85

The perfect way to unwind your day. Includes:

- Traditional Full Body Massage

By far our most popular package for men.

Spa Introduction Day

Mon-Thurs	£35
Fri-Sun	£45

For those who just enjoy using the thermal suite or those who choose to tailor their own package, your day will include use of the **spa** facilities and lunch.

*Why not complete your day with a luxury wash and blow dry at the **salon** for the exclusive price of just £20.*



Spa Break Collection



*Extend your pamper session to a full blown Spa Break here at Doubletree by Hilton Cadbury House. All of our Luxury Spa Break Packages include full use of the facilities at the **spa** plus overnight accommodation in the hotel.*

One Night Marco Retreat Package

£110 per person
Based on two sharing

The package consists of:

- One night stay in the hotel including breakfast
- 2 course meal in Marco Pierre White Restaurant
- Spa day including a Back, Neck & Shoulder Massage
- Spa lunch in the **lounge** bistro

Two Night Marco Retreat Package

£220 per person
Based on two sharing

The package consists of:

- Two nights stay in the hotel including breakfast
- 2 course meal both evenings in Marco Pierre White Restaurant
- Spa day both days including a Back, Neck & Shoulder Massage and Reviver Facial
- Spa lunch both days in the **lounge** bistro

Overnight Indulgent Package

£222 per person
Based on two sharing

The package consists of:

- One night stay in a deluxe room in the hotel including breakfast
- 2 course meal in Marco Pierre White Restaurant
- Champagne during dinner
- Choice of Pevonia Body Wrap
- Aromatherapy Full Body Massage
- Spa lunch in the **lounge** bistro

To make your stay extra special why not upgrade to our loft suite for £200.

Groups & Hen Party Packages

The perfect location for your hen party, birthday party, corporate day or just a day out together. For groups of over six or more, the birthday girl or hen will receive a present at lunch. You will also receive a glass of the sparkly stuff when you arrive!

For a special occasion we can arrange to decorate your table ready to surprise your hen or birthday girl.

Platinum Package

£100 per person

Two 25 minute treatments
choice of:

- Back, Neck & Shoulder Massage
- Head, Neck & Shoulder Massage
- Reviver Facial
- Silky Skin Body Scrub
- La Remadie Hand Treatment
- Zen Spa Foot Treatment

Plus a glass of bubbly at lunch

Gold Package

£70 per person

One 40 minute treatment
choice of:

- Reviver Facial
- Back Massage
- Express Manicure
- Express Pedicure

Silver Package

£55 per person

One 25 minute treatment
choice of:

- Zen Spa Foot Treatment
- La Remadie Hand Treatment
- Back, Neck & Shoulder Massage

To complete your day why not add;

- *Themed dance class including pole dancing*
- *Make-up or skincare workshop*
- *Bespoke evening meal*





Our Facial Collection



All facial treatments include a professional skin diagnosis, relaxing massage and full homecare regime and advice.

Reviver Facial

25 mins

Mon-Thurs
Fri-Sun

£38
£45

This 'taster' facial is the perfect introduction for all skin types leaving the skin refreshed and radiant.

Prescriptive Facial

55 mins

Mon-Thurs
Fri-Sun

£55
£60

This treatment is personalized and tailored to suit your skin care needs, creating a bespoke facial for outstanding individual results.

Lumafirm Facial

55 mins

Mon-Thurs
Fri-Sun

£70
£75

Looking for instant and amazing results? This exclusively formulated treatment features the latest in freeze dried technology to deliver an airbrush effect. It is an instant repair boost for when you want to look your best.

RS2 Facial

55 mins

Mon-Thurs
Fri-Sun

£60
£65

A radical solution for rosacea, this alleviating treatment provides soothing relief and visible results. Helps to reduce blotchiness, congestion, redness and irritability.



Spa Teen Facial

55 mins

Mon-Thurs	£50
Fri-Sun	£55

Get a jump start on great skin! This fantastic facial is tailored to suit teenage skin and will maximize hydration, soothe sensitivity and reduce breakout activity, followed by expert advice on how to look after your skin.

Plantomer Facial

55 mins

Mon-Thurs	£60
Fri-Sun	£65

Recommended for hormonal and sensitive skin, this facial repairs and strengthens the skin and is enriched with antibiotics and vitamin A to heal.

Elasto-firm

55 mins

Mon-Thurs	£60
Fri-Sun	£65

Described as the non-surgical facelift, this deeply hydrating facial promotes a radiant youthful appearance recommended for loss of elasticity.

Crystal Clear Mircordermabrasion

40 mins

Mon-Thurs	£55
Fri-Sun	£60

This specialist treatment will treat lines, wrinkles, dull dehydrated skin, sun damaged skin and acne scarring. Using a controlled method of skin resurfacing to gently rejuvenate and firm the skin.

NB. This treatment is unsuitable to be booked in conjunction with a spa day.

Our Additions Collection

To compliment your facial

De-Stress Eye Treatment Puffiness

Mon-Sun	£15
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This refreshing eye treatment utilises Ginkgo Biloba to stimulate the lymphatic capillaries to drain excess fluid, thus reducing the appearance of puffiness. Vitamin C works in synergy as it lightens and brightens the eyes, alleviating dark circles. An effective, cooling and decongesting treatment.

De-Stress Eye Treatment Wrinkles

Mon-Sun	£15
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A Cryo-Collagen treatment with 100% pure freeze-dried collagen to repair the delicate eye contour. Intensely hydrates and plumps the skin, reducing the appearance of fine lines, wrinkles and crepiness.

Our Massage Collection



Back, Neck & Shoulder Massage

25 mins	
Mon-Thurs	£32
Fri-Sun	£35

Tailored to suit your needs this massage is based on traditional Swedish techniques and will soothe stiffness and relieve tension in aching muscles.

Head, Neck & Shoulder Massage

25 mins	
Mon-Thurs	£32
Fri-Sun	£35

Focusing on those tense areas this Swedish massage will focus on your head and neck to relieve tension.

Traditional Full Body Massage

50 mins	
Mon-Thurs	£55
Fri-Sun	£60

Based on traditional Swedish massage techniques, this treatment is designed to relax, warm and ease the mind and muscles.

Aromatherapy Full Body Massage

50 mins	
Mon-Thurs	£60
Fri-Sun	£65

A therapeutic massage for complete relaxation using a blend of the highest quality essential oils.

Upgrade your massage for an extra 15 minutes only £10.

Deep Tissue Massage

40 mins	
Mon-Thurs	£50
Fri-Sun	£55

1 hour 20 mins	
Mon-Thurs	£75
Fri-Sun	£80

This specialist deep tissue massage is focused on your areas of concern. Your therapist will discuss your needs and apply pressure where needed to alleviate pain and fatigue.



Hot Stone Massage Relax

1 hour 20 mins	
Mon-Thurs	£90
Fri-Sun	£95

Through massage and stone placement this treatment provides a complete holistic and sensory journey to release stress and induce deep relaxation. This massage treats the whole body including face and head.

Hot Stone Massage Refresh

40 mins	
Mon-Thurs	£65
Fri-Sun	£70

Through massage and stone placement this treatment can be tailored to suit your needs including your choice of area.

Thai Style Massage

50 mins	
Mon-Thurs	£65
Fri-Sun	£75

This detoxifying treatment uses heated Thai compresses to relax and purify sending you into a deep relaxation.

Bamboo Massage Therapy

50 mins	
Mon-Thurs	£65
Fri-Sun	£75

Warmed bamboo canes are used to massage meaning a deeper and firmer massage pressure can be applied to soothe tired muscles.



Our Body Collection

Tropical Saltmousse Glow

25 mins

Mon-Thurs
Fri-Sun

£40
£45

A spa exfoliating treatment like no other. Removes dead skin cells and impurities whilst releasing negative ions to counteract damaging environmental pollutants. With tropical scents of pineapple and papaya.

Green Coffee Body Wrap

55 mins

Mon-Thurs
Fri-Sun

£68
£70

The ultimate answer to treat cellulite and eliminate toxins using 100% pure green coffee. This wrap stimulates the breakdown of fat while firming, slimming and smoothing the skin tone.

Aromatic Moor Mud Wrap

55 mins

Mon-Thurs
Fri-Sun

£60
£65

This unique thermal mud, rich in 305 vitamins, mineral and enzymes, is renowned for relieving aches and pains and cramps. Ideal for sports injuries, rheumatism and arthritis sufferers. This superb mud also boosts the body's immune system and relieves fatigue and stress.

Tropical Oasis Body Wrap

55 mins

Mon-Thurs
Fri-Sun

£65
£70

Combining the tropical extracts of pineapple and papaya this creamy yoghurt wrap prompts quick and deep absorption of potent rejuvenating ingredients. Transport yourself to a sublime tropical oasis where your senses will be gently awakened. Your skin emerges refreshed, smoother and vividly brighter.

Back Ritual

40 mins

Mon-Thurs
Fri-Sun

£65
£70

A truly relaxing back pamper to alleviate back muscle aches and pains, using hot towels, massage and cocoon movements.

De-Stress Aromatherapy Cocoon

55 mins

Mon-Thurs
Fri-Sun

£45
£55

£65
£70

Breathe in tranquillity as your body relaxes and stress gently slips away. Your entire being is nestled in a delightful cocoon and transported to a state of divine relaxation. A sensory, aromatic wrap ideal for those needing to relax their mind, de-stress and restore peace and well being to the mind, body and soul.



Our Holistic Collection

Good for the soul



*The ancient art of holistic therapy brings benefit to general health and wellbeing. Here at the **spa** we offer some of the most popular alternative treatments to aid relaxation and create a healthier mind and body.*

Indian Head Massage

40 mins

Mon-Thurs

£45

Fri-Sun

£50

Stimulating yet deeply relaxing massage concentrating on the scalp, neck and upper shoulders. Designed to alleviate stress with pressure points and massage.

Reflexology

40 mins

Mon-Thurs

£45

Fri-Sun

£50

A treatment that combines ancient and scientific theory that a map of the body is reflected in the feet. By using these reflex points a relaxing and holistic method is used to activate the body's self healing mechanism. Rebalancing your mind, body and soul.

Reiki

55 mins

Mon-Thurs

£45

Fri-Sun

£50

Developed in Japan in the early 20th Century Reiki is a natural hands on healing energy that works to re-open your chakras and promotes the body to regenerate itself. Reiki can accelerate healing and balance the emotions leaving you feeling soothed and relaxed.

Hopi Ear Candles

40 mins

Mon-Thurs

£38

Fri-Sun

£45

This natural therapy is a pleasant and non-invasive method of cleansing the ears. The candle creates a chimney effect which gently draws impurities to the surface easing discomfort of sinuses and compacted wax whilst creating a sense of calm and relaxation.

Our Nail Collection

With cream, glitter and pearl finishes we're bound to have your perfect colour.

Jessica is the pioneer of our time and adored by many celebrities. Our treatments will leave you with immaculate nails whilst treating your natural nail and skin.

Jessica Prescriptive Manicure

55 mins	
Mon-Thurs	£40
Fri-Sun	£45

This thorough manicure is tailored to your individual needs and treats your nail type. After a nail analysis your hands are cleansed, exfoliated, massaged and a masque applied with heated mittens. Your cuticles will be treated, nails shaped to perfection and polish applied. You will then take a Jessica midi polish home with our compliments.

Jessica Express Manicure

40 mins	
Mon-Thurs	£28
Fri-Sun	£35

This express manicure includes a cuticle tidy, nail tidy and colour polish application.

Jessica Express Pedicure

40 mins	
Mon-Thurs	£30
Fri-Sun	£35

This express pedicure includes; foot exfoliation, cream application, cuticle tidy, nail tidy and polish.

Jessica Zen Spa Pedicure

1 hour 10 mins	
Mon-Thurs	£50
Fri-Sun	£55

A true luxury facial for the feet! Hard skin is addressed, feet and legs are exfoliated and massaged, a soothing mask is applied with heated booties, cuticle work and nail tidy complete with a polish application. You will then take a Jessica midi polish home with our compliments.

Geleration Gel Overlay

Mon-Thurs	£45
Fri-Sun	£50

Including a Jessica Manicure this semi permanent glossy polish will last up to 3 weeks. Perfect for your holiday!

Geleration Gel Pedicure

Mon-Thurs	£55
Fri-Sun	£60

Including a Jessica Pedicure this semi permanent glossy polish will last up to 3 weeks. Perfect for your holiday!

Gel Removal

Mon-Thurs	£10
Fri-Sun	£15

Professional removal to prevent damage to your natural nail.





Essentials & Tanning Collection

Let us enhance your natural beauty. Whether you are looking for a natural looking tan, luscious lashes or silky smooth skin, our therapist will make you feel at ease whatever your essential treatment is.

Spray Tan

St.Tropez Full Body Tan
£35

St.Tropez Half Body Tan
£20

Make-up

Bridal Make-up Application
£60

Bridal Make-up Trial
£50

Make-up Application
£40

Tinting & Shaping

Eyebrow Shaping
£15

Eyebrow Tinting
£12/£15

Eyelash Tinting
£18/£20

Eyelash & Eyebrow Tinting
£25/£30

PHD safewax

Half Leg Wax

Mon-Thurs
Fri-Sun

Full Leg Wax

Mon-Thurs
Fri-Sun

Basic Bikini Wax

Mon-Thurs
Fri-Sun

£20
£25

£30
£35

£16
£18

High Bikini Wax

Mon-Thurs £21
Fri-Sun £25

Brazilian or Hollywood Wax

Mon-Thurs £35
Fri-Sun £40

Underarm Waxing

Mon-Sun £15

Lip Wax

Mon-Thurs £12
Fri-Sun £15

Gents Waxing

Chest Wax

Mon-Thurs £18
Fri-Sun £20

Back Wax

Mon-Thurs £20
Fri-Sun £22

Our Spa Etiquette

Booking

Please give as much notice as possible when scheduling your spa days with us. Our spa reservation team will assist you in planning your spa day. Please call them on 01934 837 231 or email us thespa@cadburyhouse.com

Advisory medical information

thespa at Cadbury House is an adult facility, for persons aged 16 and over. In order for us to advise you on the correct treatments, please inform us of any pre-existing medical conditions that may affect your treatment options at the time of booking.

We advise that the heat and hydrotherapy experiences cannot be used by guests who are pregnant or under medical supervision of any kind.

Arrival time

To ensure you receive your full treatment benefits, please allow at least 10 minutes to check in prior to your appointment.

Due to our strict booking system, in the event that you may turn up late for your treatment, we will only be able to offer the remaining treatment time, but may still charge the full price of the treatment.

How to spa

We recommend that you bring your swimsuit and money to buy drinks and any additional products you may like to purchase. Please arrive at thespa reception at your allocated time presenting any vouchers you may have.

Gift vouchers

Our team will be delighted to assist you in purchasing the perfect gift. Spa gift vouchers can be ordered by telephone, in person or via the website.

Gift vouchers are valid for six months from the date of purchase. They are non-refundable and non-transferable. Lost or stolen vouchers cannot be replaced. Vouchers are redeemable against any spa package, treatment or product and cannot be extended or exchanged for cash.

Spa tranquillity

We politely request that you respect other guests and the ethos of thespa, by switching all mobile phones to silent during your visit.

Cancellation policy

For all spa days and group booking 50% deposit will be required when booking spa days and group packages, with full payment required five days before the actual spa day or group package takes place. A valid credit/debit card number

will be required at the time of booking to guarantee the reservation until full payment has been taken.

Please allow 72 hours for cancellation or rescheduling to avoid a fee of 100% of your service. Where spa days and group packages are booked within the 72 hours cancellation period, we assume there will be no cancellation and you will be expected pay the full amount of the package on booking.

If a gift voucher has been used to secure the booking, please note that we will adjust the value of the voucher to show the cancellation/no show charges.

Spa treatments

A deposit may be required on treatments over the value of £30. A valid credit/debit card number will be required at the time of booking to guarantee the remaining amount of the reservation until full payment has been taken on the day of treatment.

Please allow 48 hours notice for cancellation or rescheduling of treatments to avoid a fee of 100% of your service. Where treatments are booked within the 48 hours cancellation period, we assume there will be no cancellation and you are expected to be able to attend on the date that you have reserved. Failure to arrive will result in a 100% charge.



thespa.
AT CADBURY HOUSE

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