

## Kids timetable 2010

Monday	16.00-16.45 16.45-17.30	whack the wall indoor circuits	Jenna Jenna
Wednesday	16.15-17.00 17.00-17.45	spin circuits fitness time	Jenna Jenna
Thursday	18.00-19.00	karate	Gerard
Friday	16.30-17.15 17.15-18.00	indoor games kids fitness	Jenna Jenna
Sunday	10.30-11.15	family dance	fitness team

