

THE SPA

at Cadbury House





WELCOME TO THE SPA

at Cadbury House

Put together a stylish and relaxing haven with nature's purest botanical and marine elements and attentive service and you have the **spa** at Cadbury House. An intimate spa located in the English countryside with breathtaking views of the English Channel and beyond. From the moment you arrive at the **spa** to the moment you depart, you are guaranteed to receive a warm and friendly service from our professional spa team.

Whether you are joining us for one treatment, a day, or a weekend of indulgence, let us take you on a sensory journey you will never forget. Enjoy some me time, bring a partner, a friend or a group of friends.

Day Spa Collection

A spa day at the **spa** is the ultimate in relaxation. You will be provided with a robe and towel and are free to enjoy the facilities for the morning, afternoon or evening. Your day will include a 4 hour spa session, a light lunch, afternoon tea or light evening meal in our Marco Pierre White Restaurant, Bardolino.

Morning spa with light lunch 9am-1pm

Afternoon spa with afternoon tea 1pm-5pm

Twilight spa with meal 5pm-9pm

*Meal times are available after package times if you choose to dress and hand locker keys back in before your meal. Twilight spa guests must dress for dinner.

SPA WELCOME Morn & Twi £46 / Aft £50

For those who just enjoy using the **clubandspa** or those who choose to tailor their own package, your day will include a towel, robe, locker and lunch. Receive 10% off any additional treatments booked.

RELAX & REFRESH Morn & Twi £70 / Aft £75

Our aroma-therapeutic salts awaken your senses choose from three blissful scents depending on your mood and skin care concerns.

- Body Renew Salt Scrub with Mini Facial

FLOAT AWAY Morn & Twi £93 / Aft £98

Based on traditional Swedish techniques this full body massage is designed to relax, warm and ease the mind and muscles.

- Full Body Massage

TOTAL BLISS PACKAGE Morn & Twi £103 / Aft £108

This total bliss package combines two of our most popular treatments.

- Back Neck and Shoulder Massage (25mins)
- Pevonia Reviver Facial (25mins)

SPA DUO PACKAGE Morn & Twi £153 / Aft £158

Combining two of the ultimate in relaxation treatments to leave you totally chilled.

- Signature Full Body Massage (55mins)
- Aromatherapy Facial (55mins)

“A spa day at the **spa** is the ultimate in relaxation”

Groups Collection

The perfect location for your hen party, birthday party, corporate day or just a day out together. For groups of six or more, the birthday girl or hen will receive a gift from the **spa**. You will also receive a complimentary glass of bubbly with lunch and your table decorated. All group packages include full use of the **clubandspa** facilities, lunch and robe & towel hire.

SILVER PACKAGE £73pp

25 minute treatment with a choice of:

- Pevonia Reviver Facial
- Zen Spa Foot Treatment
- Sensory Pevonia Salt Scrub
- File & Polish (Geleration option available)

GOLD PACKAGE £83pp

40 minute treatment with a choice of:

- Body Renew Salt Scrub with Mini Facial
- Reviver Facial with Head and Shoulder Massage
- Jessica Express Manicure
- Jessica Express Pedicure

PLATINUM PACKAGE £93pp

55 minute treatment with a choice of:

- Full Body Massage
- Pevonia Prescriptive Facial
- Jessica Prescriptive Pedicure
- Jessica Prescriptive Manicure
- Scrub and a Rub
(back massage with full body scrub)

“The perfect location for your party, corporate day or just a day out together”

Pevonia Facials

The most powerful ingredients in skincare come from the safest source...nature. For nearly three decades, Pevonia has been the leader in delivering natural skincare solutions to the finest spas and professional aestheticians worldwide. Enjoy whole body relaxation and outstanding results with an exclusive WellnessFusion™ Journey Experience by Pevonia®. With every Facial including our signature WellnessFusion™ Ritual.

REVIVER FACIAL 30 mins / £40

This express facial is ideal for those on the go. Your skin is cleansed, lightly exfoliated and gently massaged. A pore-refining mask is then applied, followed by a veil of light moisturiser.

PRESCRIPTIVE FACIAL 55 mins / £65

Universal treatments for all skin types. These facials are personalised and tailored to accommodate the needs of your skin. Includes professional skin diagnosis, deep cleansing, ampoule, massage and mask. These are ideal facials to introduce your skin to the unadulterated pure and active products within the Pevonia line. Outstanding results for every skin type!

PEVONIA AROMATHERAPY FACIAL 55 mins / £65

A delightful aromatic blend of pure essential oils makes this facial unforgettable. This experience includes cleansing, gentle exfoliation and extraction; an aromatic massage, and the ideal mask best suited for your skin type.

PEVONIA LUMINOUS AGE-DEFYING COLLECTION 55 mins / £75

Seeking a facial with extraordinary instant results? Ask your skincare specialist which ampoule treatment is ideal to address your specific skin needs.

YOUTHRENEW™ HYDRA-GLOW PEEL

55 mins / £75

Treat your skin to a smoother texture, minimized wrinkles, and a brightened complexion with the YouthRenew™ HydraGlow Peel. Using pure, natural lactic acid, this gentle peel unveils wonderfully hydrated and plump skin with a radiant, healthy glow. Perfect peel for pre-wedding or special events. Not recommend for hypersensitive skin. For optimum results: 3-6 Peel Series.

PEVONIA ADVANCED FACIAL COLLECTION

55 mins / £85

Seeking a treatment with amazing instant results? Pevonia's most advanced facials chosen especially for you from a detailed consultation. Whether you are looking for brighter firmer skin or to soothe and heal sensitised or acne skin we have the perfect results for you.





ELEMIS
DEFINED BY NATURE, LED BY SCIENCE

ELEMIS Facials

Your skin, your body and your wellness lie at the heart of ELEMIS. Every groundbreaking formula is an innovative blend of science with the chemistry of nature, carefully crafted by a dedicated team of explorers, scientists and skincare experts.

Encompassing the most powerful biological actives available from both 'above and below' the earth's surface, ELEMIS' meticulous attention to detail, pioneering formulas and remarkably transformative results are what truly sets our skincare apart.

ELEMIS SUPERFOOD FACIAL 55mins / £65

This is a nutritional boost for stressed, dull skin. Rich in superfoods, essential minerals and trace elements jump start tired and exhausted skin. Skin is left smoother, plumper and radiant - stress free and lit up with good health.

ELEMIS PRO-COLLAGEN FACIAL 55mins / £75

Tackle fine lines and wrinkles with this targeted massage and age-defying mask. Improves firmness and elasticity to give you nourished younger looking skin.

ELEMIS BIOTEC 55mins / £75

As we age and our lifestyles change, our skin loses energy leaving it dull, tired and in need of a powerful wake up call. The pioneering BIOTEC machine works to switch your skin back on increasing its natural cellular energy. Your therapist will help you choose from;

- Line Eraser
- Firm-a-lift
- Skin Resurfacer
- Radiance Renew
- Anti-pigment Brightener

“The #1 Luxury British Skincare Brand”

Body Treatments

BODY SCRUB EXPERIENCES

All 40-mins including a mini facial / £45

Transport your mind, body, and spirit to a relaxing, naturally aromatic sanctuary. Our body scrub experiences gently exfoliate and drench your skin with hydrating and soothing anti-stress plant extracts. Enjoy a holistic, truly pleasurable rejuvenating body experience that leaves you renewed and decompressed from head to toe.

- Pineapple & Coconut Tropical Retreat
– Brightens and repairs
- Peach & Vanilla Parfait
– Anti-inflammatory and healing
- Jasmine & Lavender Pure Splendour
– Relaxing and soothing

AROMATIC MOOR MUD TENSION RELIEF BACK TREATMENT

40mins / £55

A luxurious back treatment incorporating the wonderful, results-driven Aromatic Moor Mud. As this thermal mud aids muscular tension, aches and pains, escape into a state of deep relaxation as we perform the highly relaxing cocoon massage techniques. This treatment includes a back massage.

AROMATIC MOOR MUD TENSION RELIEF TREATMENT

60mins / £70

This scientifically-proven holistic, healing black magma dates back to ancient civilizations. A warm aromatic Moor Mud rich in natural vitamins, minerals, and enzymes, is generously applied to your entire body. Sore muscles, aches and pains are alleviated as your body's circulation is stimulated and musculoskeletal stress vanishes. Ideal for athletes and those prone to chronic pain, rheumatism/arthritis, muscular fatigue and post sports injuries.

ELEMIS COUTURE TOUCH

55mins / £80

Condition your skin and muscles with this all embracing experience. Combine an ELEMIS Hands-on Touch facial with a personalised deeper than deep hot stones massage.

“A naturally aromatic sanctuary”





Massage Collection

BACK, NECK & SHOULDER MASSAGE

25 mins / £42 or 40 mins / £52

Tailored to suit your needs this massage is based on Swedish techniques and will soothe stiffness and relieve tension in aching muscles.

SWEDISH FULL BODY MASSAGE

55 mins / £67 or 65 mins / £77

A therapeutic massage for complete relaxation using a blend of high quality aromatherapy oils.

DEEP TISSUE MASSAGE

35 mins / £50 or 60 mins / £74

Your therapist will select an aromatic oil according to your concerns. The flowing massage works deeper into tension encouraging optimum circulation.

DEEPER THAN DEEP HOT STONE MASSAGE 60 mins / £78

Balinese stones are worked deep into the muscles getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

REFLEXOLOGY 40 mins / £50

A treatment that combines ancient and scientific theory that a map of the body is reflected in the feet. By using these reflex points a relaxing and holistic method is used to activate the body's self-healing system. Rebalancing your mind, body and soul.

INDIAN HEAD MASSAGE 40 mins / £50

Stimulating yet deeply relaxing massage concentrating on the scalp, neck and upper shoulders. Designed to alleviate stress with pressure points and massage.

“Soothe stiffness and relieve tension in aching muscles”

Nail Collection

Jessica is a pioneer in the professional nail care industry as she was the first to recognise that like skin and hair not all nails are alike. Jessica's unique nail care philosophy is behind each and every product in her extensive range. With crème, glitter and pearl finishes across the range you'd be forgiven for falling for Jessica colours at first sight. Each treatment can be finished in your choice of Gel or Polish.

JESSICA EXPRESS MANICURE £32

Cuticles are cared for and nails are beautifully shaped and treated with a prescriptive basecoat, completed by the perfect Phenom polish.

JESSICA PRESCRIPTIVE MANICURE £42

Thermal Heated Mittens for deeper penetration of oils and creams. This treatment choice is excellent for increasing circulation or relieving stiff, painful joints. Nails are beautifully shaped and treated with a prescriptive base coat before finishing with the perfect polish to take home with you.

JESSICA EXPRESS PEDICURE £38

Your cuticles will be groomed and your toenails beautifully shaped and perfectly polished.

JESSICA LUXURY PEDICURE £50

Awaken your senses and discover the restorative powers of Asian aquatic plant extracts to purify, cleanse, soothe and calm. Hard skin is removed, feet and legs are massaged with conditioning creams. Cuticles are groomed & toe nails are shaped and perfectly polished. Includes bottle of polish to take away.

“
A pioneer in the
professional nail
care industry”





Beauty Treatments

Let us enhance your natural beauty. Whether you are looking for a natural looking tan, luscious lashes or silky smooth skin, our therapist will make you feel at ease whatever your essential treatment is.

LYCON WAX

Setting the Standard. Using only the finest resins, natural ingredients and aromatherapy oils, Lycon delivers superior performance, removing stubborn hair as short as 1mm.

WAXING

Half Leg £22

Full Leg £30

Classic Bikini £15

High Bikini £20

Brazilian or Hollywood £32

Underarm £15

Forearm £18

Lip/Chin £12

Chest Wax £25

Back Wax £25

TANNING

St Tropez Tan £28

A bronzed glow all year round! St Tropez spray tanning, applied by a professional, offers a UV free, flawless and natural-looking tan. After just a few minutes you can step back into your clothes. Your sun kissed colour develops over 24 hours to give you the ultimate full body tan. the **spa** at Cadbury have perfected the art of spray tanning down to a tee. Using only the best tanning products from St Tropez, the **spa** at Cadbury are able to give you a streak-free golden glow from head to toe.

N.B. Pre and post advice is needed before you book

BROWS AND LASHES

For every arch, every smile and even the occasional furrow, reveal the true beauty of each expression with brows tailored perfectly to you.

Eye Brow Wax £15

Eye brow tint £12

Eyelash Tint £20

HD Brows £35

LVL Lash Lift £46



CANCELATIONS AND PAYMENTS

Full payment is required on the booking of spa days and treatments over 30 minutes long. The cancellation policy for all bookings is 72 hours notice. For groups of 6 or more the cancellation policy is 1 calendar month and no refund will be given after this time.

ADVISORY MEDICAL INFORMATION

thespa at Cadbury House is an adult facility, for persons age 16 and over. In order for us to advise you on the correct treatments please inform us of any pre-existing medical conditions at the time of booking.

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