

theclub

Bank Holiday Timetable

Kettlebells	8:00	Gemma
Latin-In-Line (Beg)	9:15	Zoe
Body Blast	9:15	Gemma
Aquarobics	9:45	Gemma
Latin-In-Line	10:00	Zoe
Group Cycling	10:00	Jo
Zumba	11:00	Sam
Body Pump	11:10	Jo
Yoga	12:00	Mark
Body Balance	17:00	Carolyn
Yoga	18:00	Mark
Circuits	18:00	Ben

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at cadbury house

